



NUTRITIONAL INFORMATION HOT TOASTED SANDWICHES

NUTRITION FACTS	Calories	Calories From Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Chicken Fajita - large	1040	430	48g	13g	0g	145mg	1830mg	89g	9g	12g	64g	60%	130%	60%	30%
Chicken Fajita - Regular	540	220	24g	7g	0g	85mg	930mg	45g	4g	6g	37g	40%	70%	35%	15%
Chicken Guacamole Bacon - Large	1120	500	57g	16g	0g	170mg	2030mg	86g	8g	10g	71g	50%	25%	60%	30%
Chicken Guacamole Bacon - Regular	600	260	30g	9g	0g	105mg	1090mg	43g	4g	5g	42g	30%	15%	35%	15%
Chipotle Ranch Chicken - Large	1000	410	45g	13g	0g	140mg	1720mg	86g	8g	10g	64g	50%	25%	60%	30%
Chipotle Ranch Chicken - Regular	530	210	24g	7g	0g	85mg	880mg	43g	4g	5g	37g	30%	15%	35%	15%
Double Cheese Melt - Large	1400	770	87g	39g	0g	190mg	2440mg	81g	3g	7g	76g	35%	0%	170%	30%
Double Cheese Melt - Regular	720	400	45g	20g	0g	95mg	1220mg	40g	1g	4g	38g	20%	0%	90%	15%
Honey Ham Bacon Club - Large	970	360	41g	15g	0g	145mg	2930mg	91g	4g	17g	64g	30%	15%	50%	30%
Honey Ham Bacon Club - Regular	530	200	23g	8g	0g	90mg	1750mg	46g	2g	9g	37g	15%	8%	25%	15%
Italian Sub - Large	1020	460	51g	17g	0g	125mg	3490mg	85g	4g	11g	58g	20%	15%	50%	35%
Italian Sub - Regular	560	260	29g	10g	0g	75mg	2050mg	43g	2g	6g	33g	10%	8%	25%	20%
Meatball Sub - Large	960	400	44g	18g	1.5g	100mg	2310mg	92g	5g	13g	51g	20%	90%	50%	40%
Meatball Sub - Regular	540	240	26g	11g	1g	60mg	1320mg	47g	3g	7g	28g	10%	45%	30%	20%
Roast Beef - Large	1030	450	50g	14g	0g	120mg	2000mg	83g	4g	8g	58g	10%	80%	50%	40%
Roast Beef - Regular	550	240	27g	8g	0g	75mg	1110mg	42g	2g	4g	33g	6%	40%	25%	20%
Turkey Southwestern Club - Large	1050	430	49g	10g	0g	125mg	3250mg	90g	8g	12g	67g	20%	25%	50%	30%
Turkey Southwestern Club - Regular	580	240	28g	6g	0g	75mg	1910mg	46g	4g	7g	39g	10%	15%	25%	15%
Veggie Supreme - Large	910	380	43g	20g	0g	90mg	1570mg	86g	8g	9g	49g	30%	20%	90%	30%
Veggie Supreme - Regular	470	200	22g	10g	0g	45mg	790mg	44g	4g	5g	25g	20%	15%	45%	15%

We reserve the right to change and/or modify nutritional information as necessary without notice.

The nutritional information shown is established using All American Restaurants standard recipe methods, supplier provided illustrative nutritional values, menu analysis using MenuCalc industry software, and published public resources. Because each of our menu items are handmade and therefore customized, variations in serving portions, preparation methods, ingredient substitutions, and supply sources, as well as regional differences may affect the actual nutritional values. Therefore, we are unable to warranty the nutritional information shown as absolutely accurate as it relates to prepared menu items at each and every All American Restaurant. Nutritional data is rounded to meet current U.S. FDA NLEA guidelines. Percentage data for vitamins and minerals refers to percentage of U.S. Daily Values for a 2,000 calorie diet.

In certain regions of the county some All American Restaurants may serve or be testing menu items which are not listed in the nutritional information provided. These menu items may contain different/additional ingredients, including allergens, as compared to the standard versions.

Allergen Statement

Many of our products contain or may come into contact with common allergens, including wheat, peanuts, soy, tree nuts, milk, eggs, fish and shellfish.

All American Restaurants endeavors to provide nutritional information regarding all its food products that is as complete as possible. However, some menu items may not be available at all restaurants. Expect variations in the nutrient content of the food products purchased in our restaurants.